

Menu for May 2024



TOLLAND MIDDLE SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

MEAL PRICES

**BREAKFAST - FREE
FOR ALL STUDENTS**

Served 7:30-7:55

**LUNCH-\$3.35
DELI LUNCH-\$3.75**

Free for all students
eligible for free OR
reduced priced meals

Available Daily

**All Lunches include:
Rainbow Fruit Tray
Rainbow Vegetable Tray,
Ice Cold Flavored
or White Milk
Students must choose a
fruit
or vegetable to make a
complete meal
Ala Carte Milk is .75**



Wednesday, May 1

Deli Sandwich
Pasta & Meatballs
with grain side
French Bread Pizza

Thursday, May 2

Deli Sandwich
Chicken Drumstick
with Mashed Potato
& a Roll
Big Daddy Pizza

Friday, May 3

Deli Sandwich
Cheese-filled Breadstick
with Dipping Sauce
Queso Dip with
Tortilla Chips

SCHOOL LUNCH HERO DAY

Monday, May 6

Deli Sandwich
Chicken & Dumplings
with Fried Rice
Big Daddy Pizza

Tuesday, May 7

Deli Sandwich
Breakfast Platter
(Scrambled egg, sausage, French
toast & hash browns)
Grilled Cheese Sandwich
with Tomato Soup

Wednesday, May 8

Deli Sandwich
Pasta & Meat Sauce
with grain side
French Bread Pizza

Thursday, May 9

Deli Sandwich
Meatball Grinder
Chicken Nuggets
with grain side

Friday, May 10

Deli Sandwich
Mini Corn Dog Nuggets
Personal Round Pizza

**Celebrate School Lunch
Hero Day May 3rd**
Students - please thank your
servers for all the hard work
they do every day, providing
healthy and delicious meals
for our schools.

Monday, May 13

Deli Sandwich

Chicken & Cheese Quesadilla

Big Daddy Pizza

Tuesday, May 14

Deli Sandwich

Popcorn Chicken with a grain side

Buffalo Chicken Pizza

Wednesday, May 15

EARLY RELEASE

Dutch Waffles with Yogurt

Breakfast Pizza

Thursday, May 16

Deli Sandwich

Cheeseburger on a soft bun

French Bread Pizza

Friday, May 17

Deli Sandwich

Baked Potato, BBQ Chicken, Cheese Sauce, Broccoli & grain side

Chicken Patty

Monday, May 20

Deli Sandwich

Mini Corn Dog Nuggets

Big Daddy's Pizza

Tuesday, May 21

Deli Sandwich

General Tso's Rice Bowl with Broccoli & Fortune Cookie

Grilled Cheese Sandwich with Tomato Soup

Wednesday, May 22

Deli Sandwich

Pasta & Meatballs with grain side

French Bread Pizza

Thursday, May 23

Deli Sandwich

Buffalo Chicken Dip with Chips

Chicken Patty on a soft bun

Friday, May 24

Deli Sandwich

Mozzarella Sticks with Dipping Sauce

Mini Ravioli with a grain side

Monday, May 27



Tuesday, May 28

Deli Sandwich

Popcorn Chicken with a grain side

Chicken & Cheese Quesadilla

Wednesday, May 29

Deli Sandwich

Pasta & Meat Sauce with grain side

French Bread Pizza

Thursday, May 30

Deli Sandwich

Wild Mike's Pizza Bites with sauce

Big Daddy's Pizza

Friday, May 31

Deli Sandwich

Chili with a grain side

Mini Corn Dog Nuggets



Breakfast Available

7:30-7:55

FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered including one fruit or fruit juice.

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.