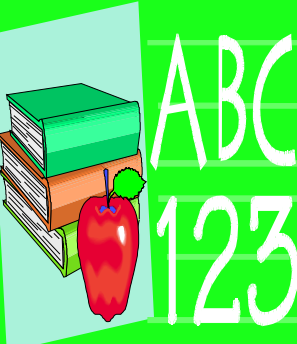


March 2018 Tolland Middle School

MONDAY	TUESDAY	WEDNESDAY		FRIDAY	
<p>HELP WANTED Food & Nutrition Services</p> <p>Is looking for substitute workers who may be interested in permanent part-time positions. Work only while your students are in school. Please contact Kim Mecteau at 860-870-6853 or kmecteau@tolland.k12.ct.us EOE</p>		<p>DON'T FORGET Sunday, March 11th</p> 	1	2	 <p>AVAILABLE DAILY</p> <p>Made to order fresh deli sandwiches, "Grab & Go" main dish salads, wraps, bagel & yogurt plates, and our own yogurt parfaits.</p> <p>HOT deli items on Tuesdays and Fridays!</p> <p><i>Each student must select at least three of the five components including a fruit or vegetable to create a meal. Without a fruit or vegetable, a la carte prices must be charged for each item.</i></p> <p>All main dish grain items are whole - grain rich!</p> <p>Ala Carte Milk .70 Lunch \$3.10 Deli Lunch \$3.25</p> <p>Menu may change without notice</p>
5	6	7	8	9	
Big Daddy's Pizza Mini Cheese Ravioli & Meatballs with Cheesy Garlic Breadsticks Chicken Tenders with a Soft Roll Curly Fries Tossed Salad or Raw Veggie Selections	Hot Deli – Crispy Chicken Wrap Fresh Baked Pizza Assorted Varieties Chicken Nuggets with Fried Rice Asian Chicken with Fried Rice, Veggies and a fortune cookie 2-Bean Salad, Tossed Salad or Raw Veggie Selections	Nardone's French Bread Pizza Pasta with Meatballs & Cheesy Garlic Breadsticks Cheeseburger on a Bun Green Beans, Tossed Salad, Or Raw Veggie Selections	Uno's Pizza Cinnamon Ham & Waffle Breakfast Sandwich W/ Roasted Vanilla Apples Mozzarella Sticks with Marinara Sauce Carrot Fries, Tossed Salad or Raw Veggie Selections	Hot Deli - Taco Salad Beef or Chicken Fresh Baked Pizza Assorted Varieties Fish Sandwich with Lettuce and Tomato on a Bun with Curly Fries Hot Dog with (new) Cheese Sauce and Fries Steamed Spinach, Tossed Salad or Raw Veggie Selections	
12	13	14	15	16	
Big Daddy's Pizza Popcorn Chicken & Breadstick Pasta Primavera with Creamy Alfredo Sauce <i>Penne pasta with creamy Alfredo sauce and assorted, colorful vegetables</i> Fresh Baked Sweet Potato, with cinnamon spread, Tossed Salad or Raw Veggie Selections	Hot Deli – Crispy Chicken Wrap Fresh Baked Pizza Assorted Varieties Chicken & Cheese Quesadilla with Salsa & Chips Mini Corn Dog Nuggets with dipping sauce Cowboy Caviar, Tossed Salad or Raw Veggie Selections	Nardone's French Bread Pizza Pasta with Meatballs & Cheesy Garlic Breadsticks Chicken Patty on a Bun Lemon Roasted Carrot Coins, Salad Wedge or Raw Veggie Selections	Uno's Pizza Taco Boats <i>Seasoned beef with salsa, rice, cheese sauce and shredded lettuce</i> Chicken Tenders side of Macaroni & Cheese Seasoned Corn, Tossed Salad or Raw Veggie Selections	Hot Deli – Build your own Big Beef Burger with Fries Fresh Baked Pizza Assorted Varieties Chicken Parmesan Sandwich Creamy Macaroni & Cheese with a Soft Roll Steamed Broccoli, Tossed Salad or Raw Veggie Selections	

<p>19</p> <p>Big Daddy's Pizza</p> <p>Egg, Sausage & Cheese Breakfast Sandwich on a Bagel with a Hash Brown</p> <p>Fish Taco <i>Soft taco filled with cheese, lettuce, tomato & breaded fish served with curly fries</i></p> <p>Corn Salad, Tossed Salad or Raw Veggie Selections</p>	<p>20</p> <p>Hot Deli – Crispy Chicken Wrap</p> <p>Fresh Baked Pizza Assorted Varieties</p> <p>Hot Dog with (new) Cheese Sauce and French Fries</p> <p>Chicken Tenders with dipping sauce and a Soft Roll</p> <p>Baked Beans, Tossed Salad or Raw Veggie Selections</p>	<p>21</p> <p>Nardone's French Bread Pizza</p> <p>Pasta with Meatballs & Cheesy Garlic Breadsticks</p> <p>Cheese Calzone</p> <p>Garlic Parmesan Green Beans, Tossed Salad or Raw Veggie Selections</p>	<p>22</p> <p>Uno's Pizza</p> <p>Spicy Chicken Patty on a Bun</p> <p>Chicken Broccoli Alfredo with a Cheesy Garlic Breadstick</p> <p>Butternut Squash, Tossed Salad or Raw Veggie Selections</p>	<p>23</p> <p>Early Release No Lunch Served</p>
<p>26</p> <p>Big Daddy's Pizza</p> <p>Bacon Cheeseburger on a Bun</p> <p>Italian Combo – One Stuffed Shell, Two Ravioli and Cheesy Garlic Breadsticks</p> <p>Oven Fries, Tossed Salad or Raw Veggie Selections</p>	<p>27</p> <p>Hot Deli – Crispy Chicken Wrap</p> <p>Fresh Baked Pizza Assorted Varieties</p> <p>Chicken Nuggets with a Soft Roll</p> <p>Chili & Cheese with Tortilla Chips</p> <p>Anthony's 3- Bean Salad, Tossed Salad or Raw Veggie Selections</p>	<p>28</p> <p>Nardone's French Bread Pizza</p> <p>Pasta with Meatballs & Cheesy Garlic Breadsticks</p> <p>Mini Corn Dog Nuggets with dipping sauce</p> <p>Roasted Parmesan Broccoli, Tossed Salad or Raw Veggie Selections</p>	<p>29</p> <p>Uno's Pizza</p> <p>BBQ Glazed Drumstick with Mashed Potatoes and a Soft Roll</p> <p>Queso Blanco Cheese Sauce with Tortilla Chips and Salsa</p> <p>Carrot Coins, Tossed Salad or Raw Veggie Selections</p>	<p>30</p> <p>No School</p>

**MARCH IS
NATIONAL
NUTRITION
MONTH**



**WHEN YOU
EAT WELL,
YOU CAN
LEARN WELL.**

