

April 2024

Tolland Middle School



This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

All Lunches include:
Rainbow Fruit Tray
Rainbow Vegetable Tray,
Ice Cold Flavored
or White Milk

Students must choose a fruit or vegetable to make a complete meal
Ala Carte Milk is .75

MEAL PRICES

BREAKFAST - FREE FOR ALL STUDENTS

Served 7:30-7:55

LUNCH - \$3.35
DELI LUNCH—\$3.75

Free for all students eligible for free OR reduced priced meals



Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
Chicken & Cheese Quesadilla	Popcorn Chicken with a Grain Side	Pasta with Meat Sauce & a Grain Side	Cheeseburger on a Soft Bun with Fries	Baked Potato, BBQ Chicken, Cheese Sauce, Broccoli & Grain Side
Big Daddy Pizza	Buffalo Chicken Pizza	Personal Round Pizza	French Bread Pizza	Chicken Patty on a Soft Bun

10 WAYS KIDS CAN HELP THE EARTH

1. Conserve water
2. Save electricity
3. Keep your leftovers
4. Recycle
5. Care for animals & insects
6. Don't waste paper
7. Pick up trash
8. Walk when you can
9. Try composting
10. Keep learning about earth & how you can help!

BBB

SPRING BREAK!

April 8th-12th



Breakfast Available 7:30-7:55

FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered including one fruit or fruit juice:

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes, or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.

Adult Price \$2.75

Monday, April 15

Deli Sandwich
Hot Dog on a Roll with Fries
Personal Round Pizza

Tuesday, April 16

Deli Sandwich
Popcorn Chicken with a Grain Side
Chicken & Cheese Quesadilla

Wednesday, April 17

Deli Sandwich
Pasta with Meat Sauce & a Grain Side
French Bread Pizza

Thursday, April 18

Deli Sandwich
Wild Mike's Pizza Bites with Sauce
Big Daddy's Pizza

Friday, April 19

Deli Sandwich
Chili with a Grain Side
Mini Corn Dog Nuggets

Monday, April 22

Deli Sandwich
Chicken Nuggets with a Grain Side
Big Daddy's Pizza

Tuesday, April 23

Deli Sandwich
Meatball Grinder
Macaroni and Cheese with a Grain Side

Wednesday, April 24

EARLY RELEASE

French Toast with Chicken Sausage
Breakfast Pizza

Thursday, April 25

Deli Sandwich
Cheeseburger on a Soft Bun
Grilled Cheese Sandwich with Tomato Soup

Friday, April 26

Deli Sandwich
Fish Sticks with a Grain Side
Baked Potato, BBQ Chicken, Cheese, Broccoli & Grain Side

Monday, April 29

Deli Sandwich
General Tso's Rice Bowl, Broccoli & Fortune Cookie
Buffalo Chicken Pizza

Tuesday, April 30

Deli Sandwich
Popcorn Chicken Bowl with a Roll
Personal Round Pizza

